



XTANDI CAN SLOW ADVANCED PROSTATE CANCER PROGRESSION

WHILE YOU FOCUS MORE ON WHAT YOU LOVE

In clinical studies, XTANDI was evaluated in men with advanced prostate cancer that:

- Had not spread to other parts of the body and no longer responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 71%
- Had spread to other parts of the body and still responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 61%
- Had spread to other parts of the body and no longer responded to treatment to lower testosterone: XTANDI lowered the chance of progression by 83%

Men in each study either had surgery to lower testosterone or were taking hormone therapy. Progression was defined as the cancer getting worse, as measured by scans or if the patient died for any reason.

[Learn more >](#)

What is XTANDI? XTANDI is a prescription medicine used to treat men with prostate cancer that:

- no longer responds to a hormone therapy or surgical treatment to lower testosterone
- OR
- has spread to other parts of the body and responds to a hormone therapy or surgical treatment to lower testosterone

It is not known if XTANDI is safe and effective in females or children.

Select Safety Information

XTANDI may cause serious side effects including seizure. If you take XTANDI, you may be at risk of having a seizure. Avoid activities where a sudden loss of consciousness could seriously harm you or someone else. Tell your doctor right away if you lose consciousness or have a seizure.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

 **Xtandi**
(enzalutamide)
40 mg capsules

YOUR GUIDE TO STARTING XTANDI

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XTANDI Support Solutions is dedicated to helping you find support to get and pay for your medicine. Call **1-855-8XTANDI and learn more on page 27.**

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



ABOUT XTANDI

- Understanding advanced prostate cancer
- Forms of advanced prostate cancer
- How XTANDI may help
- How XTANDI works
- Taking XTANDI
- Tips for staying on track

UNDERSTANDING ADVANCED PROSTATE CANCER

When prostate cancer is “advanced,” it can be treated but not cured

Unlike early-stage prostate cancer, which can sometimes be cured with treatment, advanced prostate cancer cannot be cured.

But the good news is that your doctor has ways to treat it, including XTANDI.

Read the next page to understand the forms of advanced prostate cancer that can be treated with XTANDI. Ask your doctor if XTANDI is right for your form of advanced prostate cancer.

Your doctor can tell if your cancer is getting worse or spreading.

He or she may look at some indicators like:

- **Your prostate-specific antigen (PSA) level.** Is it rising over time?
- **Your scans.** Do they show tumors getting bigger or new ones?

On pages 6-11, see how XTANDI helped men with 3 forms of advanced prostate cancer in clinical studies.

Select Safety Information

XTANDI may cause serious side effects including Posterior Reversible Encephalopathy Syndrome (PRES).

If you take XTANDI you may be at risk of developing a condition involving the brain called PRES. Tell your doctor right away if you have a seizure or quickly worsening symptoms such as headache, decreased alertness, confusion, reduced eyesight, blurred vision or other visual problems. Your doctor will do a test to check for PRES.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



FORMS OF ADVANCED PROSTATE CANCER

Which form of advanced prostate cancer do you have?

XTANDI is FDA-approved to treat 3 forms of advanced prostate cancer



Non-metastatic castration-resistant prostate cancer (nmCRPC)

- The cancer has not spread to other parts of the body
- The cancer no longer responds to a hormone therapy or surgical treatment to lower testosterone



Metastatic castration-sensitive prostate cancer (mCSPC)

- The cancer has spread to other parts of the body
- The cancer responds to a hormone therapy or surgical treatment to lower testosterone

Metastatic castration-resistant prostate cancer (mCRPC)

- The cancer has spread to other parts of the body
- The cancer no longer responds to a hormone therapy or surgical treatment to lower testosterone

Ask your doctor for more information regarding your form of advanced prostate cancer.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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HOW XTANDI MAY HELP



XTANDI in non-metastatic castration-resistant prostate cancer (nmCRPC)

XTANDI was studied in men with advanced prostate cancer that

- No longer responded to hormone therapy or surgical treatment to lower testosterone
- Had **not** spread to other parts of the body

This study included 1,401 men. It compared men taking XTANDI with men not taking XTANDI.

These men had not received chemotherapy. **All men either had surgery to lower testosterone or continued to take hormone therapy during the study.**

See study results on the next page.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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HOW XTANDI MAY HELP (CONTINUED)

In this study of nmCRPC:

Men taking XTANDI had a 71% lower chance of their cancer progressing



- Compared with men not taking XTANDI during the study
- Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including allergic reactions. Allergic reactions have happened in people who take XTANDI. Stop taking XTANDI and get medical help right away if you develop swelling of the face, tongue, lip or throat.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



HOW XTANDI MAY HELP (CONTINUED)



XTANDI in metastatic castration-sensitive prostate cancer (mCSPC)

XTANDI was studied in men with advanced prostate cancer that

- Was still responsive to hormone therapy or surgical treatment to lower testosterone
- **Had spread** to other parts of the body

This study included 1,150 men. It compared men taking XTANDI with men not taking XTANDI.

All men either had surgery to lower testosterone or continued to take hormone therapy during the study.

See study results on the next page.

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HOW XTANDI MAY HELP (CONTINUED)

In this study of mCSPC:

Men taking XTANDI had a 61% lower chance of their cancer progressing

61%
LOWER
CHANCE

- Compared with men not taking XTANDI during the study
- Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason

In this same study,

XTANDI delayed the time to needing to start a new prostate cancer treatment

72%
LOWER
CHANCE

Men taking XTANDI had a 72% lower chance of needing to begin new chemotherapy or other cancer drugs than men not taking XTANDI.

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including heart disease. Blockage of the arteries in the heart (ischemic heart disease) that can lead to death has happened in some people during treatment with XTANDI. Your doctor will monitor you for signs and symptoms of heart problems during your treatment. Call your doctor or go to the emergency room right away if you get chest pain or discomfort at rest or with activity or shortness of breath during your treatment with XTANDI.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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HOW XTANDI MAY HELP (CONTINUED)



XTANDI in metastatic castration-resistant prostate cancer (mCRPC)

XTANDI was studied in men with advanced prostate cancer that

- No longer responded to hormone therapy or surgical treatment to lower testosterone
- **Had spread** to other parts of the body

This study included 1,717 men. It compared men taking XTANDI with men not taking XTANDI.

These men had not received chemotherapy. **All men either had surgery to lower testosterone or continued to take hormone therapy during the study.**

XTANDI lowered the chance of cancer progressing by 83%

- Compared with men not taking XTANDI during the study



- Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason

XTANDI helped men live longer

- Compared with men not taking XTANDI during the study

The following numbers are the **median**. The median is not the average, but the middle of a set of numbers.

Taking XTANDI

35 MONTHS

Not Taking XTANDI

31 MONTHS

The median overall survival was 35 months for men taking XTANDI vs 31 months for men not taking XTANDI.

See more study results on the next page.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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HOW XTANDI MAY HELP (CONTINUED)

In this same study in men with mCRPC, **XTANDI delayed the median time before men began chemotherapy**

- Compared with men not taking XTANDI during the study

The following numbers are the **median**. The median is not the average, but the middle of a set of numbers.

Taking XTANDI

28 MONTHS

Not Taking XTANDI

11 MONTHS

During the study, XTANDI delayed the median time before men began chemotherapy: 28 months for men taking XTANDI compared with 11 months for men not taking XTANDI.

Results may vary. Talk with your doctor about what this may mean for you.

Select Safety Information

XTANDI may cause serious side effects including falls and fractures. XTANDI treatment may increase your risk for falls and fractures. Falls were not caused by loss of consciousness or seizures. Your doctor will monitor your risks for falls and fractures during treatment with XTANDI.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



HOW XTANDI WORKS

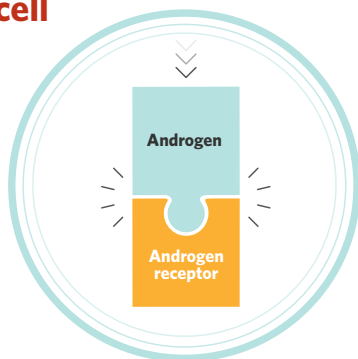
How XTANDI is thought to work in prostate cancer cells

XTANDI is an androgen receptor inhibitor. Androgens are a group of hormones that includes testosterone. Androgen receptor inhibitors interfere with the connection between androgens and androgen receptors. This can help slow cancer cell growth.

Imagine the inside of a prostate cancer cell as a puzzle

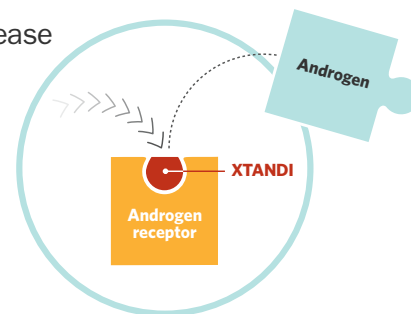
Prostate cancer cell

When androgen connects with an androgen receptor, it may cause tumor cells to grow.



How XTANDI works

XTANDI helps to decrease how often androgen can connect with an androgen receptor. This can keep tumors from growing.



This is how XTANDI was shown to work in laboratory studies. Clinical significance is unknown.

As a result, the prostate tumor may stop growing and the cancer cells may die.

Select Safety Information

The most common side effects of XTANDI include: weakness or feeling more tired than usual, back pain, hot flashes, constipation, joint pain, decreased appetite, diarrhea, and high blood pressure.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

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TAKING XTANDI

Take XTANDI exactly as your doctor tells you.

Take your prescribed dose once a day, at the same time each day. Your doctor may change your dose if needed. Do not change or stop taking your prescribed dose of XTANDI without talking with your doctor first.

- **XTANDI can be taken with or without food**
- **Swallow XTANDI capsules whole.** Do not chew, dissolve, or open the capsules
- **If you are receiving gonadotropin-releasing hormone (GnRH) therapy,** you should continue with this treatment while taking XTANDI unless you have had surgery to lower the amount of testosterone in your body (surgical castration)

If you miss a dose, take your prescribed dose as soon as you remember that day.

If you missed your daily dose, take your prescribed dose at your regular time the next day.

Do not take more than your prescribed dose of XTANDI each day.

If you take too much XTANDI

- Call your doctor, or
- Go to the nearest emergency room right away

You may have an increased risk of seizure if you take too much XTANDI.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

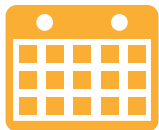


TIPS FOR STAYING ON TRACK

Try the tips below to help you take your medicine as directed by your doctor:



Take XTANDI when you do another daily activity, such as after brushing your teeth



Download the XTANDI treatment calendar at [XTANDI.com/calendar](https://xtandi.com/calendar)



Set an alarm to help you remember to take XTANDI at the same time each day

INDICATION AND IMPORTANT SAFETY INFORMATION

- What is XTANDI?
- Important Safety Information
- Possible side effects

INDICATION AND IMPORTANT SAFETY INFORMATION

WHAT IS XTANDI?

XTANDI is a prescription medicine used to treat men with prostate cancer that:

- no longer responds to a hormone therapy or surgical treatment to lower testosterone
- OR
- has spread to other parts of the body and responds to a hormone therapy or surgical treatment to lower testosterone

It is not known if XTANDI is safe and effective in females or children.

WHAT SHOULD I TELL MY DOCTOR BEFORE TAKING XTANDI?

Tell your doctor about all your medical conditions, including if you:



Have a history of seizures, brain injury, stroke, or brain tumors.



Have a history of heart disease, have high blood pressure, or have abnormal amounts of fat or cholesterol in your blood (dyslipidemia).

IMPORTANT SAFETY INFORMATION (CONTINUED)



Are pregnant or plan to become pregnant.

XTANDI can cause harm to your unborn baby and loss of pregnancy (miscarriage).



Have a partner who is pregnant or may become pregnant.

- Males who have female partners who are able to become pregnant should use effective birth control (contraception) during treatment with XTANDI and for 3 months after the last dose.
- Males must use a condom during sex with a pregnant female.



Are breastfeeding or plan to breastfeed.

It is not known if XTANDI passes into your breast milk.



Take other medicines.

XTANDI may affect the way other medicines work, and other medicines may affect how XTANDI works. These include prescription and over-the-counter medicines, vitamins, and herbal supplements. Do not start or stop any medicine without talking to your doctor.

IMPORTANT SAFETY INFORMATION (CONTINUED)

HOW SHOULD I TAKE XTANDI?



Take XTANDI exactly as your doctor tells you.

Take your prescribed dose once a day, at the same time each day. XTANDI can be taken with or without food. Swallow XTANDI capsules whole. Do not chew, dissolve, or open the XTANDI capsules. Your doctor may change your dose if needed.



Do not change or stop taking your prescribed dose of XTANDI without talking with your doctor first.



If you are receiving gonadotropin-releasing hormone (GnRH) therapy, you should continue with this treatment while taking XTANDI unless you have had surgery to lower the amount of testosterone in your body (surgical castration).



If you miss a dose of XTANDI:

Take your prescribed dose as soon as you remember that day. If you miss your daily dose, take your prescribed dose at your regular time the next day. Do not take more than your prescribed dose of XTANDI each day.

If you take too much XTANDI:

Call your doctor or go to the nearest emergency room right away. You may have an increased risk of seizure if you take too much XTANDI.

IMPORTANT SAFETY INFORMATION (CONTINUED)

WHAT ARE THE POSSIBLE SIDE EFFECTS OF XTANDI?

XTANDI may cause serious side effects including:



Seizure

If you take XTANDI, you may be at risk of having a seizure. Avoid activities where a sudden loss of consciousness could seriously harm you or someone else. Tell your doctor right away if you lose consciousness or have a seizure.



Posterior Reversible Encephalopathy Syndrome (PRES)

If you take XTANDI you may be at risk of developing a condition involving the brain called PRES. Tell your doctor right away if you have a seizure or quickly worsening symptoms such as headache, decreased alertness, confusion, reduced eyesight, blurred vision or other visual problems. Your doctor will do a test to check for PRES.



Allergic Reactions

Allergic reactions have happened in people who take XTANDI. Stop taking XTANDI and get medical help right away if you develop swelling of the face, tongue, lip or throat.



Heart Disease

Blockage of the arteries in the heart (ischemic heart disease) that can lead to death has happened in some people during treatment with XTANDI. Your doctor will monitor you for signs and symptoms of heart problems during your treatment. Call your doctor or go to the emergency room right away if you get chest pain or discomfort at rest or with activity or shortness of breath during your treatment with XTANDI.



Falls and Fractures

XTANDI treatment may increase your risk for falls and fractures. Falls were not caused by loss of consciousness or seizures. Your doctor will monitor your risks for falls and fractures during treatment with XTANDI.

Your doctor will stop treatment with XTANDI if you have serious side effects.

For further information, please talk to your doctor and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

WHAT ARE THE POSSIBLE SIDE EFFECTS OF XTANDI?



The most common side effects of XTANDI include:

- Weakness or feeling more tired than usual
- Back pain
- Hot flashes
- Constipation
- Joint pain
- Decreased appetite
- Diarrhea
- High blood pressure

XTANDI may cause fertility problems in males, which may affect the ability to father children. Talk to your doctor if you have concerns about fertility.

These are not all the possible side effects of XTANDI. For more information, talk to your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

For further information, please talk to your doctor and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.

SUPPORT FOR XTANDI

- How to get XTANDI
- XTANDI Support Solutions
- Questions to ask at your next appointment

HOW TO GET XTANDI

There are 2 ways to get XTANDI

It's important to know that XTANDI is not available at your local pharmacy.

1 Specialty pharmacy

In most cases, your doctor will send your XTANDI prescription to a specialty pharmacy. A specialty pharmacy fills prescriptions for medicines that you can't get at your regular pharmacy.

One benefit of getting XTANDI from a specialty pharmacy is that your medicine will be mailed right to your home. The specialty pharmacy will call you to arrange the delivery of your medicine.

2 Pharmacy in your doctor's office

In some cases, your doctor's office may have its own pharmacy that can fill your XTANDI prescription.



XTANDI Support Solutions can help you get XTANDI

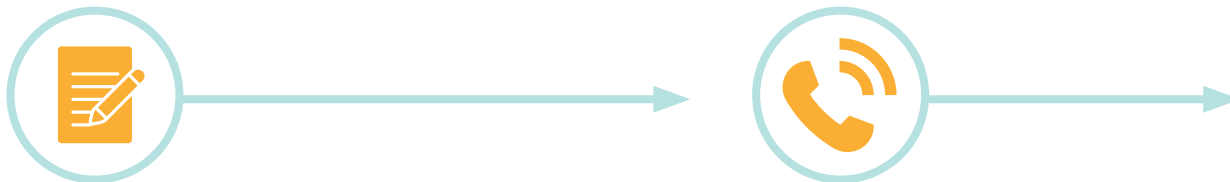
Our dedicated access specialists are here to help.

Call **1-855-8XTANDI (1-855-898-2634)**.

HOW TO GET XTANDI (CONTINUED)

Getting XTANDI from a specialty pharmacy

Here's how the process typically works, plus a few tips to help ensure it goes as smoothly as possible.



At your doctor's office: A member of your healthcare team will fill out the insurance forms with you. They will send your prescription to a specialty pharmacy or XTANDI Support Solutions to help with the process.

A few days after your appointment: The specialty pharmacy will call you about your out-of-pocket costs and arrange the delivery of your medicine. You may also receive a call from XTANDI Support Solutions if there are any questions about your insurance forms.

Tip At your appointment, confirm that your forms are complete and correct.

Tip Reach out to your doctor if you haven't heard from your specialty pharmacy within a few days.

HOW TO GET XTANDI (CONTINUED)



When it's time for delivery: XTANDI may be delivered right to your home.

Tip If you haven't received your medicine, call your doctor or specialty pharmacy.



When it's time for a refill: Your specialty pharmacy will call you to arrange a refill.

Tip Contact your specialty pharmacy 2 weeks before your medicine is going to run out if you have not heard from them.



XTANDI Support Solutions can help you get XTANDI

**Our dedicated access specialists are here to help.
Call 1-855-8XTANDI (1-855-898-2634).**



XTANDI Support Solutions offers resources based on your specific needs, including help getting and paying for XTANDI based on your insurance coverage. Call us today to get personalized support at **1-855-8XTANDI (1-855-898-2634)**. We're available Monday through Friday, 8 AM to 8 PM ET.



Help getting XTANDI

Our dedicated access specialists will work closely with you and your healthcare team to help make getting XTANDI from a specialty pharmacy as simple as possible.

We can help with:

- Making sure your healthcare team has the paperwork they need to submit to your insurance company
- Arranging for the delivery of XTANDI through a specialty pharmacy to help you start your medicine as soon as possible

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



XTANDI SUPPORT SOLUTIONS (CONTINUED)

Help paying for XTANDI

By calling **1-855-8XTANDI (1-855-898-2634)**, you can speak to a dedicated access specialist who can help you find ways to pay for XTANDI. We can also answer questions about insurance coverage and your out-of-pocket costs.

If you're commercially insured:



The XTANDI Patient Savings ProgramSM allows eligible patients with commercial insurance* to **pay as little as \$0 per prescription**. Save up to a maximum of \$25,000 per calendar year.

Enroll at ActivateTheCard.com/XTANDI.

If you're on Medicare Part D:

We can provide information about other resources that may be able to help.[†]

If you're uninsured:

The Astellas Patient Assistance Program provides XTANDI at no cost to patients who meet the program eligibility requirements.[†] All patients in this program who qualify receive their XTANDI prescription at no cost.

*The XTANDI Patient Savings Program ("Program") is for eligible patients with commercial prescription insurance for XTANDI. The Program is not valid for patients whose prescription claims are reimbursed, in whole or in part, by any state or federal government program, including, but not limited to, Medicaid, Medicare, Medigap, Department of Defense (DoD), Veterans Affairs (VA), TRICARE, Puerto Rico Government Insurance, or any state patient or pharmaceutical assistance program. This Program is void where prohibited by law. Certain rules and restrictions apply. Astellas reserves the right to revoke, rescind, or amend this offer without notice.

[†]XTANDI Support Solutions has no control over the decisions made by and does not guarantee support from independent third parties.

[†]Subject to eligibility. Void where prohibited by law.

Please see Important Safety Information on pages 15-22 and click here for [Patient Information](#) and [Full Prescribing Information](#) for XTANDI.



QUESTIONS TO ASK AT YOUR NEXT APPOINTMENT

As you start taking XTANDI, it may be helpful to keep a list of questions to discuss with your healthcare team at your next visit. The questions below can help you get started.

How will I know if XTANDI is helping me?

What side effects should I be aware of while taking XTANDI?

What should I do if I experience a side effect of XTANDI?

Is there support available if I need help paying for XTANDI?



To learn about resources that can help you get and pay for XTANDI, call XTANDI Support SolutionsSM at 1-855-8XTANDI.



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